

Bear Mountain Farm and Retreat
2599 Bear Mountain Road • Hightown, Virginia 24465
540-468-2700 • mountain-retreat.com • bearmountain@htcnet.org

Food Items To Bring To Bear Mountain Farm and Retreat

We have a fully equipped kitchen that is shared by all guests. It has a refrigerator, gas stove, microwave, toaster, toaster oven, coffee pot and grinder, gas and charcoal grill and a picnic table on the deck. It is well stocked with utensils, dinnerware and pots and pans. We also have a campfire ring, great for grilling and toasting hotdogs and marshmallows. Each cabin has a coffee pot, microwave, and small refrigerator, as well as a small table for eating and/or working.

Please be sure you bring all of your own food, including snacks and ICE if you have a cooler.

You can buy groceries in Staunton (the nearest big town) and there are also a few stores in Monterey, all located on Main Street.

Ernie's Market (540-468-2570) Mon-Sat: 8-8; Sun 11-5

General merchandise, beer, wine, cold deli sandwiches and excellent steak and ground beef.

H&H Cash Store (468-2570) Mon-Sat 9-6.

An old country store with a wide selection of food, fishing and hunting supplies, hardware and lots of hidden goodies. Topo maps are available.

Evelyn's Pantry (468-3663) Mon-Fri, 9:30-5:30. Sat. 9-2

Deli sandwiches, salads, dessert, bulk supplies, candies, coffee.