

Bear Mountain Farm and Retreat
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Bear Mountain Farm and Retreat Facilities Guidelines

The following information is provided to give you an introduction and some basic guidelines for the use of the cabins, facilities and farm property, and make your stay here a safe and enjoyable experience. After your arrival, a brief orientation is provided. Please contact Tom Brody at the Lodge, if you have any questions or concerns or need additional information. Have a great stay!!

Facilities:

- Please help conserve our precious spring water. Flush when necessary.
- Please keep doors of all building closed. Shut off lights when not in use.
- In the bathhouse please shut off all lights, fans and heaters when not in use
- Please place shower curtains INSIDE shower. Hang bath mats up to dry.
- Please conserve electricity — turn off electric heaters in cabins when you leave.
- This is a NON-SMOKING FACILITY! If you smoke, smoke outside and place butts in a fireproof container.
- Hot tub use is for adults only — children only with parent supervision. If necessary, shower before use. Hot tub is thermostatic: it shuts off when heated to program temp.
- If you use the microwave in the Log Cabin at the same time the hot tub is running, it may trip the main cabin breaker (panel box in Ladies bath behind water heater). Use the microwave in the kitchen when hot tub is running.
- Use campfire with our direction. High winds and dry conditions: please keep a small fire or none at all (sorry) and douse it when done. Do not leave fire unattended. You can use dead wood in nearby woods. Firewood is often provided; donations appreciated.
- Haiku the dog is friendly and if he is loose, don't get him too excited. If you hike, please leash him (leash is hanging up by lodge front door.) Don't let him follow you out the road. Tie out on Lodge deck.
- If you have brought your dog, please keep him leashed and tied out when on the property — loose only if it will not run off, or chase wildlife. Prefer the dog is kept out of the cabins and kitchen building.

Property and Trails:

- We ask that you stay on our property, which we will describe during your orientation when you arrive. Please respect neighbors' property rights.
- All trails are marked with "bear paw" signs and flagging tape: ORANGE, BLUE, GREEN. There is a trail map available. Things to take along on your hike: extra jacket, water, daypack, snacks, bi-noculars, camera, etc.
- Wear comfortable shoes with good ankle support. Our trails are steep and rocky and can be slippery when wet.
- Be careful of hidden holes, snags, deadfall and loose rocks.
- Be aware of your surroundings. Resident wildlife includes bears, snakes (some rattlers), coyotes, skunks, raccoons, possums, foxes, bobcat, and many more.

For additional information about places to hike, take field trips, or other activities, please talk with Tom Brody.