

THINGS TO BRING  
TO  
BEAR MOUNTAIN FARM AND WILDERNESS RETREAT

What makes Bear Mountain Farm and Wilderness Retreat so special and unique is the fact that it is on top of a remote, secluded mountain in the Allegheny Highlands, at an elevation of about 4,400 feet. This fact also means that it is important to be prepared for your visit. Here are a few tips on items to bring:

Food and snacks- *there is no food provided unless arranged in advance and nearest stores and restaurants are in Monterey (about 25 minute drive)*

Flashlights

Small backpack and water bottle for hiking

Rugged shoes for rough, rocky terrain

Extra shoes

Extra socks.

Warm camp type shoes or slippers

Long pants and shorts (in summer)

Long shirt fleece or jacket, even in the summer- the nights are cool

Rain gear

Hat

Personal toiletries, sunscreen

Towel(s)

Bathing suit if you plan to use hot tub (on deck of Log Cabin only)

Extra blanket or comforter for chilly nights (please check with Patti on this)

Portable crib for babies

Outside and inside toys/games for youngsters

**Optional, but nice:**

Binoculars

Books,

Field guides

camera